



# Work Right to stop Coronavirus

**What you can do to help stop  
the spread of coronavirus in  
your workplace**



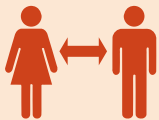
**From the time you leave home for work, to the time you return, you should protect yourself, colleagues and family from COVID-19. Here's what you can do to cut the risk of transmission and help keep everyone working through the pandemic:**

### **While at work**

Your employer should have put COVID-secure measures in place. Follow them at all times, whether you're working or on a break.



Wash your hands frequently, or use hand sanitiser if you're unable to wash them



Maintain social distance and avoid working face to face with others



Make sure your workplace is well ventilated with open windows and doors where possible

### **Travelling to and from work**



Avoid busy times and any kind of shared transport if possible



If car sharing is necessary stick to the same group, keep windows open, wear a face covering and socially distance as much as possible



Ask to work the same shifts as the colleagues you commute or live with

Information on what government support is available to you through the pandemic is available at: <https://www.gov.uk/coronavirus/worker-support>

## Remember



If you or someone in your household has symptoms, inform your employer and do not go into work – protect your colleagues, friends and family



If you are clinically extremely vulnerable ask your employer to explain the measures in place to keep you safe at work

## If you feel your workplace isn't safe



Check the COVID-secure measures your employer has put in place and ask questions



If you feel those measures aren't enough, talk to your HR department or a worker representative about it



If you still have concerns, you can report this to Health and Safety Executive:

- Online at [www.hse.gov.uk](http://www.hse.gov.uk)
- Call us on 0300 003 1647 – Monday to Friday 8.30am to 5pm (Wednesdays 10am to 5pm)\*

Your report will be confidential

More information on actions your employer should be taking, and advice on working safely during the pandemic is available at <http://workright.campaign.gov.uk/Yorkshire>

For more information, check the government guidelines on safer working at: [www.gov.uk/guidance/working-safely-during-coronavirus-covid-19](http://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19)

\*Calls will be charged at your standard network rate, or no cost if you have inclusive minutes on your phone tariff.

This leaflet is available in multiple languages, scan the QR with your smart phone or use the URL to download your preferred version.

[workright.campaign.gov.uk/worker-leaflet](http://workright.campaign.gov.uk/worker-leaflet)



આ માહિતી પત્રિકા ગુજરાતીમાં ઉપલબ્ધ છે, તેને ડાઉનલોડ કરવા તમારા સ્માર્ટફોનથી QR કોડ સ્કેન કરો અથવા URL નો ઉપયોગ કરો

Ulotka jest dostępna w języku polskim, zeskanuj kod QR swoim smartfonem lub użyj adresu URL, aby ją pobrać.

ਇਹ ਪਰਚਾ ਪੰਜਾਬੀ ਵਿੱਚ ਉਪਲਬਧ ਹੈ, ਇਸ ਨੂੰ ਡਾਊਨਲੋਡ ਕਰਨ ਲਈ ਆਪਣੇ ਸਮਾਰਟ ਫੋਨ ਨਾਲ QR ਕੋਡ ਸਕੈਨ ਕਰੋ ਜਾਂ URL ਦੀ ਵਰਤੋਂ ਕਰੋ।

A szórólap magyar nyelven is elérhető. Olvassa be a QR-kódot okostelefonjával, vagy használja az URL-címet a letöltéséhez

اشتہار اردو میں دستیاب ہے، اپنے سمارٹ فون سے کیو آر کوڈ سکین کریں یا یو آر ایل کے ذریعے اسے ڈاؤن لوڈ کریں۔

Broşura este disponibilă în limba română; scanați codul QR cu smartphone-ul dvs. sau folosiți adresa URL pentru a o descărca.

## About Work Right and HSE

Work Right is a campaign run by HSE to get businesses thinking about health and safety and how it applies to them. The Health and Safety Executive (HSE) is Britain's national regulator for workplace health and safety. HSE works to prevent work-related ill health, injury or death through regulatory actions, ranging from influencing behaviours across whole industry sectors to targeted interventions on individual businesses.